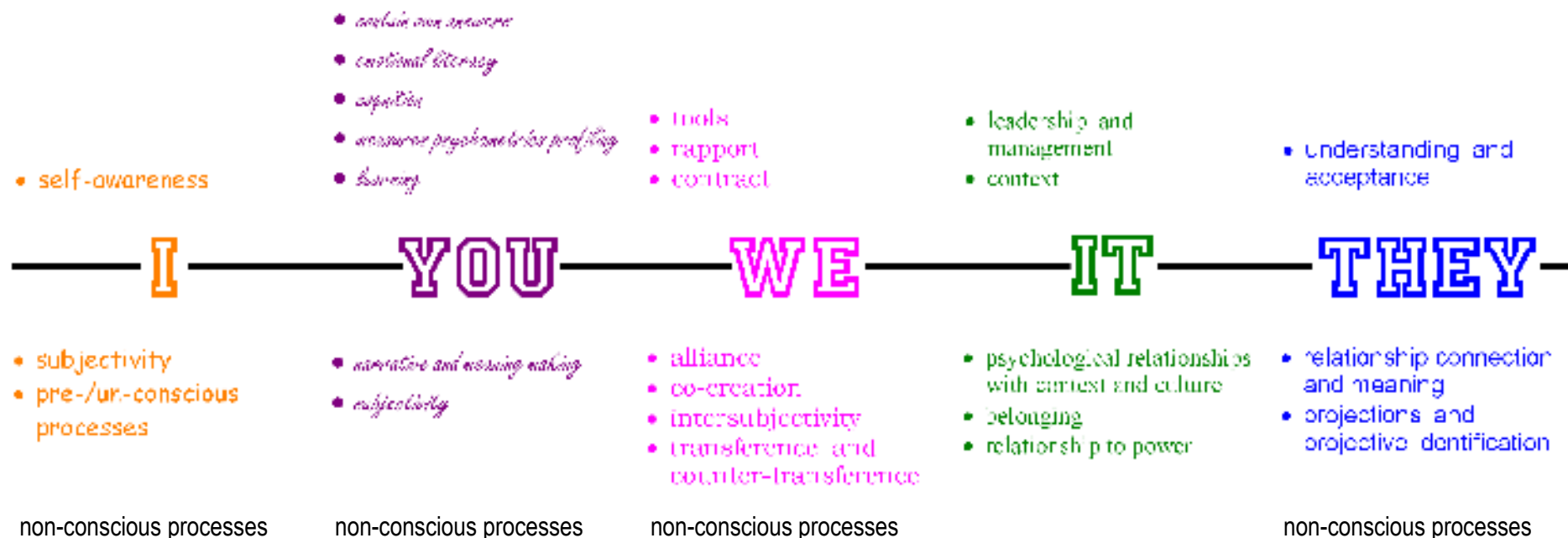


The RELATIONAL COACH



Above the line are the aspects of the coaching relationship and process which are touched upon in excellent training and literature – often with a particular emphasis on the contract, rapport and tools.

Below the line are the elements often neglected in coaching (and frequently dealt with from a psychopathological perspective within psychotherapy). However these are the fundamental framework of everyday life, impacting on the coaching, and essential for the quality coach to appreciate so that the surface processes are rooted, relevant and relational. 'non-conscious' is a way of describing what is out of awareness and yet not repressed (as the unconscious is often defined).